

Weekly Schedule
2016 ESHA-STARTALK Summer School

| Group | | Ganga | Kaaverii | Narmadaa | Sarayu | Yamunaa |
|------------------------|-----------------|---------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|
| Teacher | | Gupta, Amolika | Kohli. Monica | Peshori, Neelu | Tripathi, Mamta | Singh, Meenakshi |
| Time | Duration (min.) | Lesson/Activity | Lesson/Activity | Lesson/Activity | Lesson/Activity | Lesson/Activity |
| | | | | | | |
| 8:15-8:30 (a.m.) | 15 | Arrival/Atten./ Camp Song | Arrival/Atten./C amp Song | Arrival/Atten./ Camp Song | Arrival/Atten./ Camp Song | Arrival/Atten./ Camp Song |
| ¹ 8:30-9:15 | 45 | Instruction | Yoga Together | Instruction | Media | Yoga Together |
| 9:15-9:35 | 20 | SNACK | SNACK | SNACK | SNACK | SNACK |
| 9:35-10:20 | 45 | Instruction | Instruction | Yoga Together | Yoga Together | Media |
| 10:20-11:05 | 45 | Yoga | | Music | Instruction | Instruction |
| 11:05-11:50 | 45 | Media | Music | Instruction | | |
| 11:50-12:10 | 20 | Instruction | Sports/Fitness | | Lunch | Sports/Fitness |
| 12:10-12:35 | 25 | Lunch | | Lunch | | |
| 12:35-1:00 | 25 | Instruction | Lunch | Instruction | Lunch | Lunch |
| 1:00-1:45 | 45 | Presentationa Writing | Instruction | Media | Instruction | Music |
| 1:45-2:30 | 45 | Music | Media | Presentationa Writing | Presentationa Writing | Instruction |
| 2:30-3:15 | 45 | Sports/Fitness | Presentationa Writing | Sports/Fitness | Music | Presentationa Writing |
| 3:15-3:30 | 15 | Wrap-up, Clean-up and dismissal | | | | |

¹ Week 1- Monday Jul. 18- Assembly

